

## SCHOOL-BASED/AFTER SCHOOL PROGRAMS

**School-Based/After School programs must include and demonstrate compliance with all of the following:**

- The primary purpose of the program must be child abuse and neglect prevention.
- Conduct a minimum of three presentations by the program staff/volunteers with the same participants;
- Must include experiential learning;
- Leave follow-up materials with teachers or counselors to use that are consistent with program objectives and current research;
- Use a set curriculum that is evidence/research-based and age appropriate with measureable outcomes;
- All programs funded with Children First Trust Fund dollars must include information/education on prevention/cessation of tobacco products. **ADCANP endorses Tar Wars®**;
- Provision of the required data for the Evaluation Team state-level program evaluation.

**School-Based/After School Programs must focus on the following:**

1. Personal Safety\*
  - Body safety (**Body safety can be taught through Grade 3. After 3<sup>rd</sup> grade, the focus should be child maltreatment prevention.**)
  - Must have research-based positive outcomes that prevent child abuse and neglect.

\*If using a curriculum that focuses on Personal Safety, the program must incorporate identifying, managing and communicating feelings.

2. Child Maltreatment Prevention
  - Internet Safety (including “sexting”, and internet exploitation prevention)
  - Identifying and Managing Feelings
  - Violence Prevention
  - Empathy Training
  - Impulse Control
  - Anger Management
  - Stress Management
  - Problem Solving/Decision Making
  - Peer Relationships
  - Conflict Resolution
  - Self-Control
  - Assertive Behavior
  - Communicating Feelings
  - Identification and Maintenance of Healthy Relationships
  - Development of Personal Resources
  - Parenting for Teen Parents